



WAVE ITALY

FAQS

PASSPORT, VISA and ENTRY REQUIREMENTS

What kind of document or certificate do I need?

In order to enter Italy, the current Italian law applies:

- U.S. citizens need a valid passport with an expiration date extending at least six months beyond the date of reentry (no visa required);
- If you are not a U.S. or Canadian citizen, you must contact your destination country's consulate for your specific entry requirements

Do the girls participating in Jam Camp | Wave Italy need to have additional documents?

Girls involved in Jam Camp need a valid certificate for non-competitive sports activities issued by their doctor or a photocopy of a valid medical certificate for sports activities already present at the sports club to which they belong.

TRANSFERS AND SUPERVISION

How will the transfer from/to the summer camp location take place?

Miami Wave will not be responsible for the transfer to and from Marina di Massa. Jam Camp can organize a shuttle service for the players from one of the airports in proximity (Florence, Pisa) for an additional fee. Please contact us in case you need more info.

Who will accompany the group during the trip to Italy?

The group will always be supervised by our Technical Director **Ciro Zoratti** (as well as Jam Camp Technical Director) and by two chaperones who speak fluent Italian and English.

WAVE ITALY | JAM CAMP

How old should my daughter be in order to participate?

From 9 to 17 yo. Players will be divided by age and experience together with other players from Italy and other countries. From 13 yo up girls will be part of the Master Camp with video analysis and more intense practices.

How does a typical day at Jam Camp/Wave Italy go?

You can find the program on our webpage

What clothes to bring to the camp?

The stay lasts a week and the girls practice almost every day both in the morning and in the afternoon.

Items and quantities that we recommend are the following (of course they are indicative):

- underwear for 7 days
- 10-12 pairs of athletic socks
- 5-6 volleyball shorts
- 6-10 practice T-shirts or tank tops
- 1 pair of volleyball shoes
- free time clothes
- 3 swimsuits
- 1 beach towel
- 2 sweatshirts
- personal hygiene equipment
- sunscreen
- slippers
- beach slippers
- shoes/slippers/sandals for free time
- bag for dirty linen.

Does my daughter have the opportunity to wash her clothes in the facility?

The structure does not offer laundry service, for this reason you have to provide the girls with more changes so as to be covered for the entire period of the stay. In case of need, the girls must provide for the washing of the clothes they need (all rooms have an en suite bathroom).

My daughter is undergoing pharmacological therapy. What should I do?

In the case of pharmacological therapies, it will be necessary to deliver all the medicines to the Wave Italy Camp staff together with medical prescriptions with relative dosage and a notice of the parent to the administration.

Is it allowed to attend the practice sessions at the Fiera di Carrara?

No, access to the practice courts is not allowed.

Exceptionally, access to the final party ("All-Star Game") will be granted to all parents who want it.

How much money should I give to my child?

The stay is all-inclusive. The money will be used only for small expenses (grocery, Luna Park, any gifts, etc.).

It will be possible to leave the money in custody to the girls or, especially for the little ones, ask to use the Custody Cash Service managed by our staff. It is recommended not to entrust girls with objects of great value.

Be careful because in Italy small shops and stores do not accept electronic payments.

Can my daughter stay in the room with her friend?

As far as possible, she can ask to stay in the room with the indicated person (depending on room availability)

Can my daughter be in a practice group with her friend?

Although Wave Italy and Jam Camp try to accommodate these requests, it is not guaranteed that your daughter is in a group with her friend, as groups are organized according to age and level. Anyway, Wave Italy campers will stay in a room with other Wave Italy campers only.

Will the girls be alone on the beach and in the pool?

Never! Whenever the girls go to the beach or to the pool they are accompanied by their instructor and a lifeguard is always present

What kind of activities are carried out for the nights?

At Jam Camp, every night there's a different activity, which can be of various natures and also depends on the weather conditions. For example, parties with group dances, walking in the center of Massa-Carrara, Nutella Party, funfair, etc.

My daughter has food allergies or intolerances, is it a problem with meals?

Absolutely not, the facilities are prepared and set up to satisfy food needs, supported by adequate medical certification.

Can I phone my daughter?

It is possible to phone your daughter during the hours when practice, lunch and dinner are not held.

If you decide to bring mobile phones, these will be the sole responsibility of your daughter, and their use will only be possible when the girls are not engaged in activities.

Who can I contact for information about my daughter during the Wave Italy Camp?

For any questions, needs, or clarification or in case the girl has not come to answer the mobile phone, it is possible to call his own telephone number of infoline (+39) 349.5577458 or send a dedicated email to the email address (italy@miamiwavevolleyball.com).

Furthermore, one of the two hostesses who will accompany us to Italy will always be with the girls and available for any need.

Is there a doctor in the facilities?

Yes, there is a medical center inside the village, set up specifically for the girls (this is why it is necessary to fill in the health form in a detailed and correct way).

Furthermore, on the practice courts at the Fiera di Carrara, there is always a nurse and a physiotherapist, in addition to the staff qualified for first aid.

OTHER

What weather conditions should we find?

Summer in Italy is generally hot (but bearable) and humid. The Tuscan Riviera (Marina di Carrara and Forte dei Marmi) is often windy.

We recommend packing lightweight, loose-fitting clothing that can be easily layered to accommodate varying temperatures, as well as a light jacket or rainwear.

What other clothing is it advisable to bring?

A sturdy pair of walking shoes or sneakers is recommended for sightseeing.

You may want to pack dressier attire if you plan to visit a high-end restaurant or attend a special performance.

It is preferable not to visit churches or other religious sites with bare legs and shoulders (and entrance may be denied on this basis).

I have a food allergy or intolerance, what should I do?

In case of dietary restrictions and/or food allergies, please notify the organization at least 30 days before departure.

For safety, always notify the hotel or restaurant staff upon your arrival.

Which electrical sockets will I find in Italy?

Italy operates on the European standard 220-240 volts and uses Types C, F, or L plugs with two or three small, round pins.

We recommend bringing a universal adapter, as well as a voltage converter if you plan on using your own hairdryer or other devices without a built-in converter.

Will there be air conditioning in the facilities?

Yes, both in the hotels and in the restaurants and in the bus there will be active air conditioning.

However, note that in Italy the strength of the air conditioning is often not as strong or as cool as what you might be used to in the U.S. (in the hotels, usually air conditioning is adjustable).

What is the time zone in Italy?

Italy is one hour ahead of Greenwich Mean Time (GMT) and 6 hours ahead of Eastern Time (ET).

When it's noon in Miami, it's 6 pm in Italy.

Payments and currency, what is there to know?

In Italy there is Euro.

In Italy, electronic payments are accepted in almost all shops and restaurants, although sometimes (particularly in small shops and for small amounts) merchants prefer cash.

To withdraw Euros in cash, we recommend that you do it from the ATMs you find in Italy, avoid exchange stalls and do not pay in dollars by asking the operator for the change in Euros because the exchange rate applied will certainly be disadvantageous.

Wherever possible, try to use debit/credit cards, but be sure to check withdrawal fees with your bank.

Tell your bank and credit card issuer of your travel plans so they don't confuse your international purchases with fraudulent charges (the risk is that they block the card). Please, be aware that AMEX is not accepted everywhere. Visa and Mastercard are the 2 most accepted credit cards.

I still have questions and I have not found the answer in the FAQ, what do I do?

Send an email with the question to italy@miamiwavevolleyball.com